

## Explore and Celebrate

Beautiful

Passionale/

Creative/

Empowered \*\*

Belly Dance with Tahya



## \* Ignile Your Creativity \*

Q: Are you curious about classes with Tahya?

A: Participate in this introductory program to enjoy a 'sampling'!

★ WHPN ★

SAT SEPTEMBER 14th 1:00-4:00 PM

★ WHERE ★

West End Yoga Studios 2313 W Highland St, Allentown, PA 18104

\* WHAT \*

Discover the mystique of expressive dance with origins dating back to antiquity. Enjoy invigorating rhythms and music as we explore hand gestures known as *mudra* and move our hips & torso in circular and spiral patterns awakening the Divine Crearix within YOU.

\*Register <u>before</u> Sept 1 for discounted \$33 fee