

Art of Belly Dance with Tahya West End Yoga Studios Allentown, PA

One Day 3-Hr Immersive Program **SAT MAR 8, 2025** ~ Int'l Women's Day ~

★ TIMP: 1:00 – 4:00 PM

DISCOVER the mystique of moves deeply steeped in women's traditions of powerful self-expression, healing & love ENJOY invigorating rhythms and music

EXPLORE hand gestures known as mudra

MOV 

✓ your hips & torso in circular and spiral patterns

\* CLASS FEE: \$50\*\*

Invite your sister/mother/daughter/auntie, beloved friends and/or family members and join Tahya to discover the mystique of expressive dance

> \*\*NOTE: Sign up yourself & a friend and enjoy Special 2 for 1! **USE Coupon Code: ExpressYourself**



More info & registration at tahya.com/events/